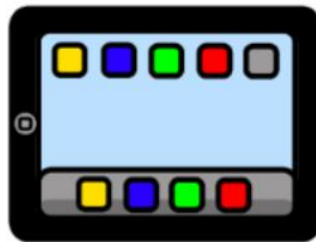


Being Safe: Online and On my phone

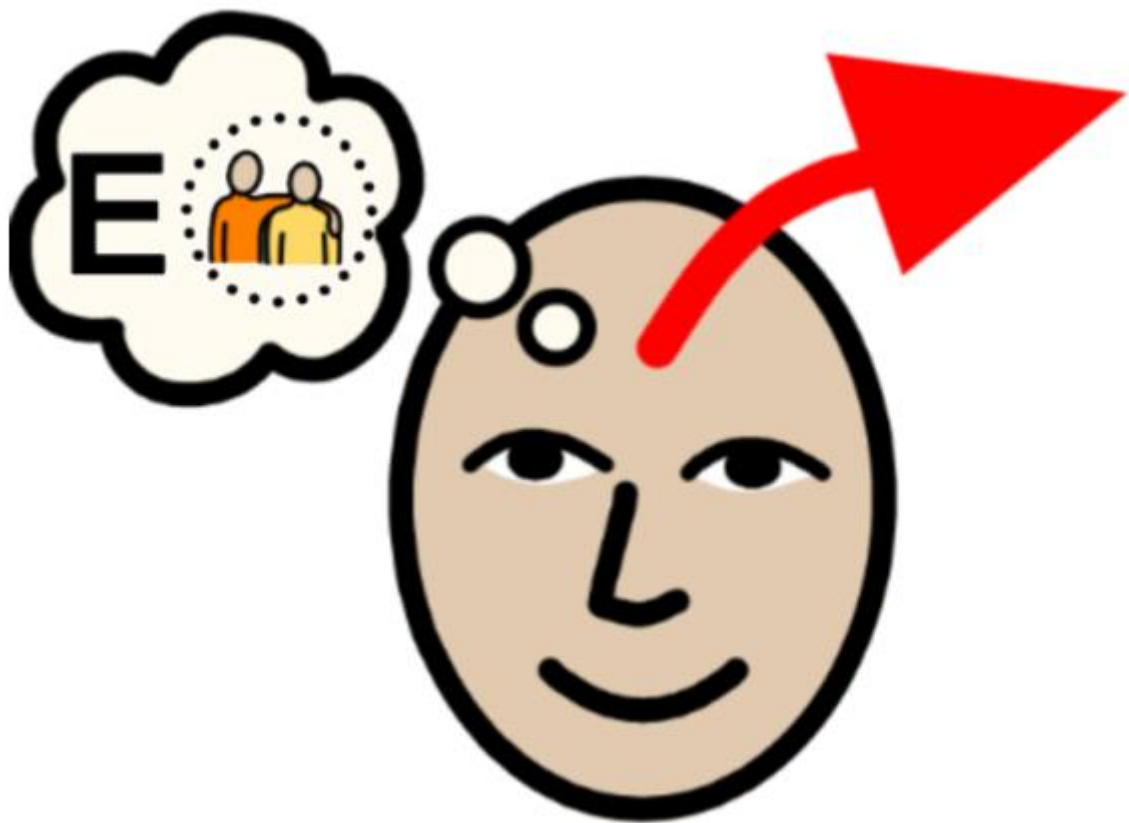


This book belongs to:

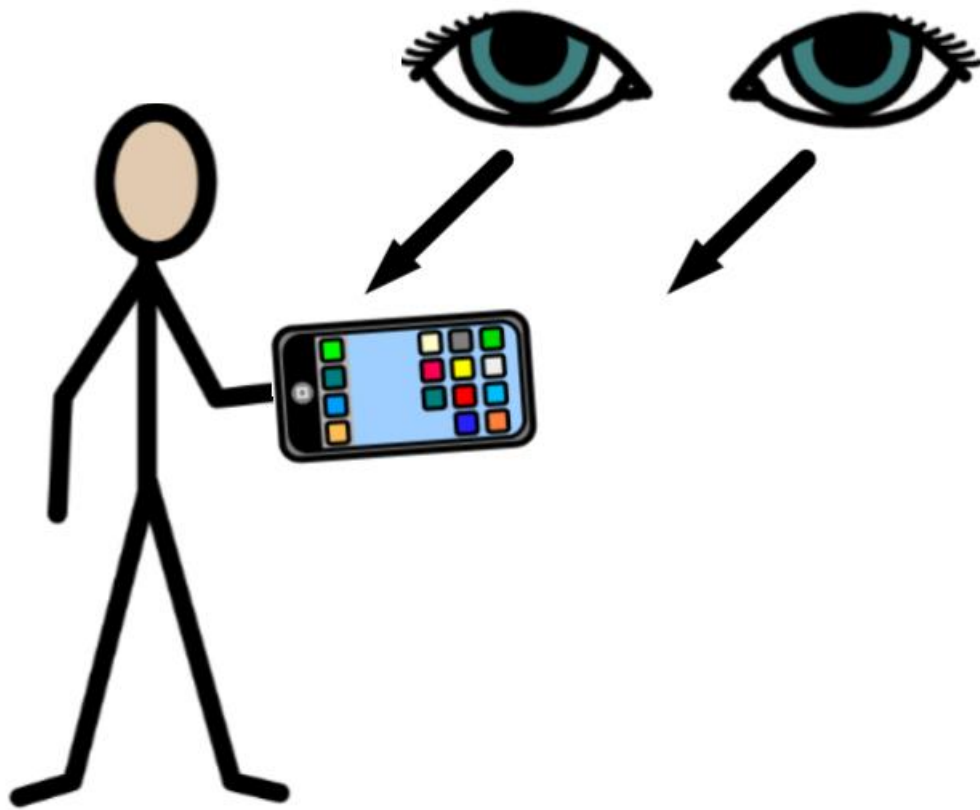
Being safe online is known as 'E-Safety'.



It is great that I can talk
to my friends using the
internet - but I need to
remember some E-safety
rules.



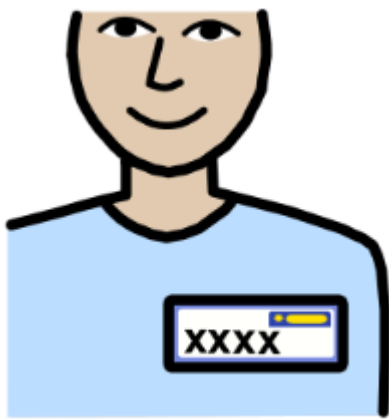
It is important that I
share the messages I send
and receive with an adult
in my family.



This is to help me stay
safe.

It is important that I do not share any of my personal details with people.

My personal details include:



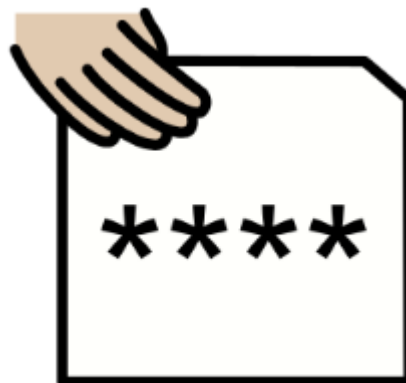
full name



address



phone number



passwords

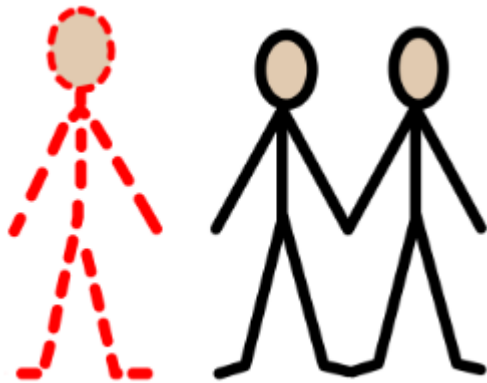
I must tell an adult in my family:



Who I am talking to/
messaging



If someone sends me
photos/ videos.
I need to show the
photos/ videos I receive.



If someone I don't know
tries to message or call
me.



If someone sends me
something rude, has
swear words in or says
mean things.

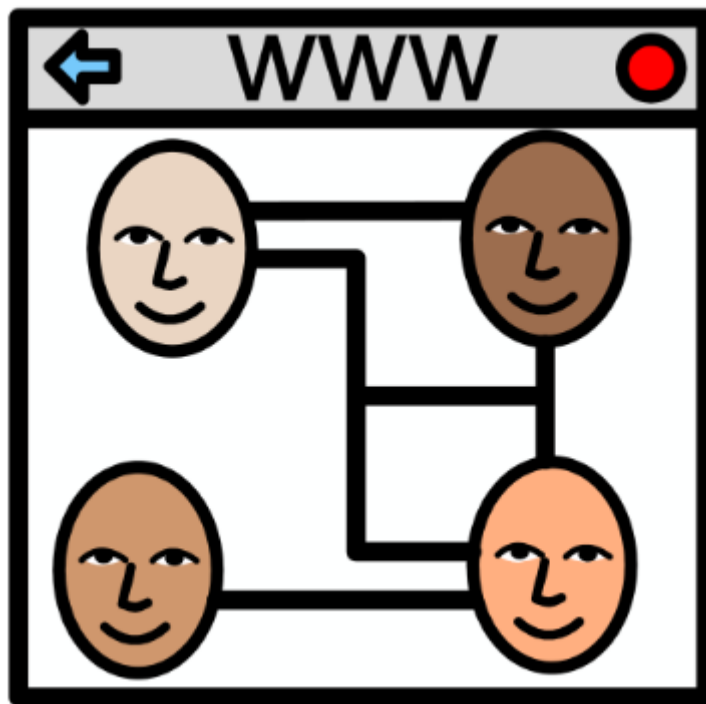
I must never send
pictures or videos without
asking an adult in my
family first.



Sharing what I am doing
online and on my phone will
help keep me safe.



These rules apply to Social Media sites, such as Facebook, as well.



Staying safe online by remembering these E-safety rules will keep me and my family safe and happy!

