

## HAF Summer Camps 2022



**St Stephen's** Canterbury  
9am - 4pm  
4 Days per week **4x Weeks**  
60 Places Available per week

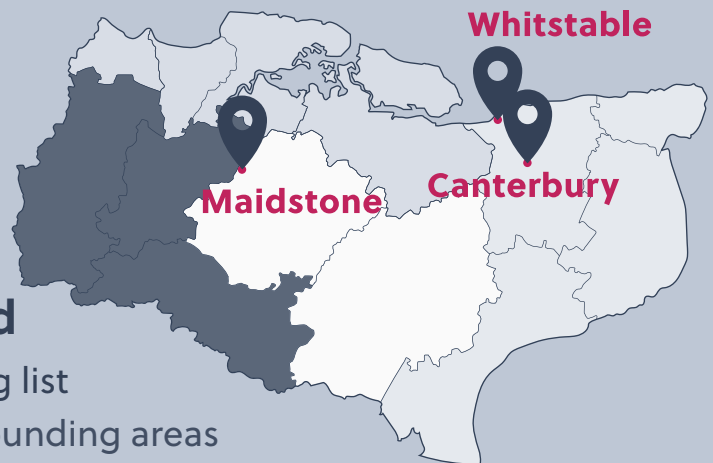
**Palace Wood** Maidstone  
9am - 4pm  
4 Days per week **4x Weeks**  
40 Places Available per week

**Joy Lane Primary** Whitstable  
9am - 4pm  
4 Days per week **4x Weeks**  
40 Places Available per week

### | 01. OVERVIEW

**3 Sites** run across Kent  
**173 Children** attended  
**112 Hours** available per child  
**2,240 Hot, healthy meals** served

24 families entered details on Wonde waiting list  
126 FLO & SENCO contacted within the surrounding areas  
22 Refugees accessed provision via Canterbury 4 Ukraine partnership



**Hours Delivered** **112**  
(7 hrs per day: x4 weeks)

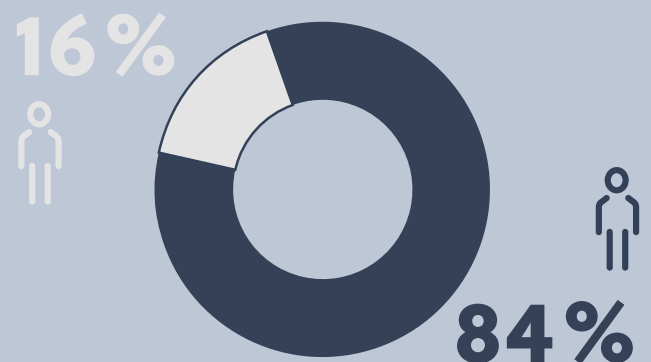
**HAF Outlines** **64**  
(4 hrs per day: x4 weeks)

### Attendance (ratio) Full vs Partial



Attended full camp Partial absence

### Attendance (%) Primary vs Secondary pupils



4-10 Years Old 11-16 Years Old

## | 02. CARER VOICE

It has been such a blessing for our family to have the opportunity to access this fabulous resource and our little boy has thoroughly enjoyed every minute.

**I can honestly say that it's been a joy to know that he's in safe & very capable hands. The coaches are so friendly & know the children's names & personalities very quickly.**

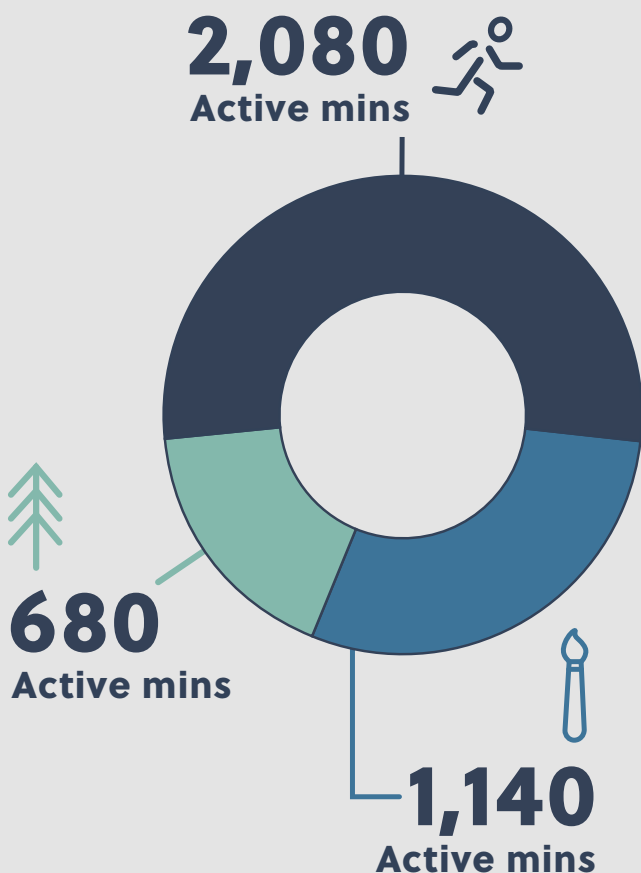
It has been very reassuring [as] when you foster, there are a limited circle of adults around the children that you can call upon for support.



## | 03. ACTIVE HOURS

### Active Minutes

per Child | per 4 Weeks | per Activity



Physical Environmental Enrichment

### Physical activities

Sports-based & Free play

**22**



**different sporting activities participated in across 4 days**

### Environmental activities

Forest School

**1**



**Forest School delivered sessions on bug hunting, fire building, knot tying, tree climbing & more**

### Enrichment activities

Arts & Crafts, Mindfulness & Music

**8**



**different workshops were offered including drumming, mindfulness & yoga, and assorted arts & crafts**

# | 04. DIVERSITY

## Gender

Bookings breakdown

Boys



59%

Girls



40.5%

Other

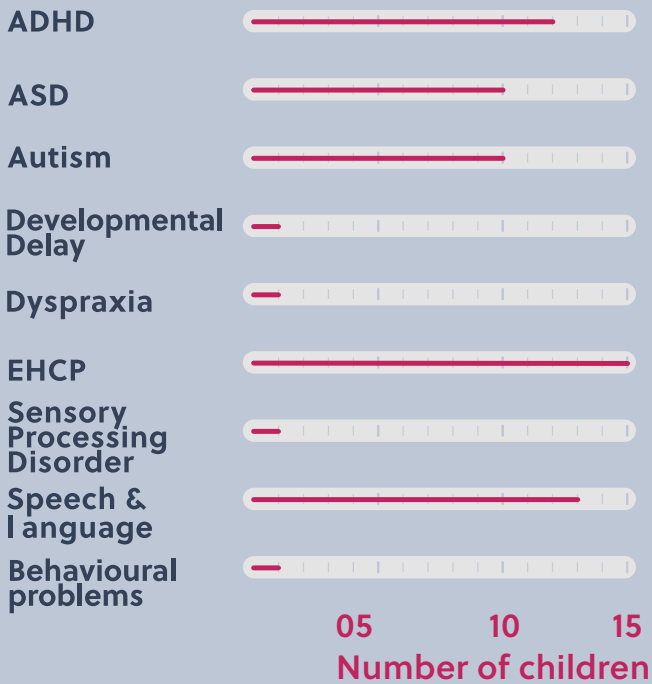


0.5%

## Additional Needs

as identified by families

### SEND Description



### Total Children on camp

No SEND identified (75%)

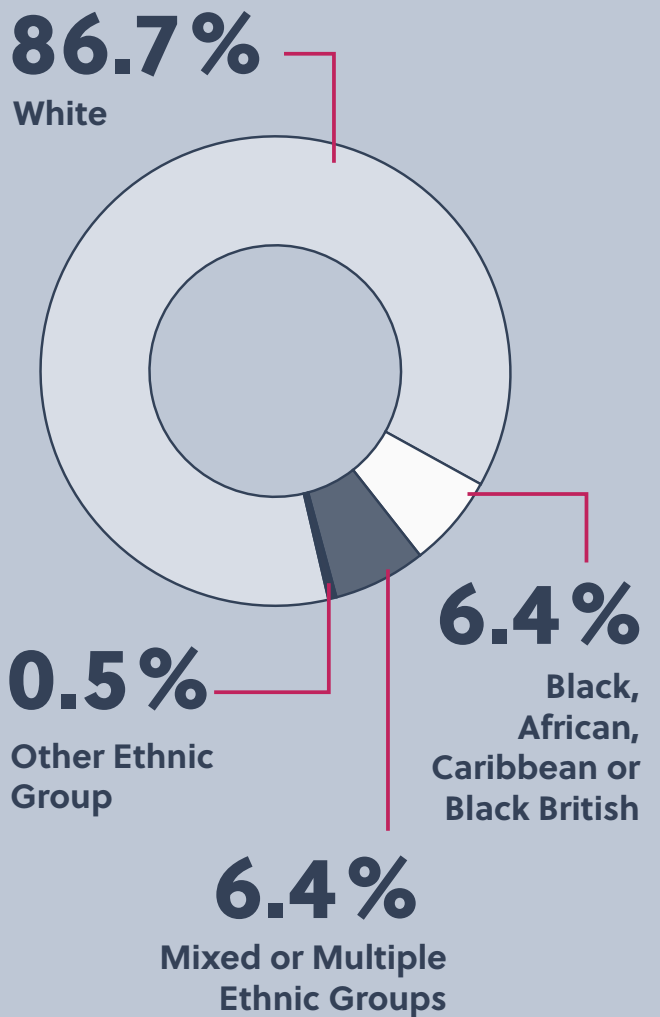
SEND (25%)



## Ethnicity

as identified by families

### Representation Breakdown:



# | 05. NUTRITIONAL EDUCATION

## Interactive Menu Items

per Day



**1** interactive food based activity as part of the daily menu served

1 interactive main or desert daily

## Grow-your-own Varieties

by Vegetable



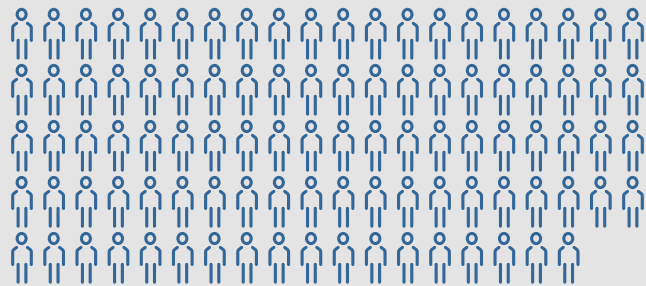
**8** vegetable seeds to choose from to plant & then to grow at home

1 seed pot planted per child

## 'Farm to Fork' Educational Field Trip

in Numbers

**98** children (from 2x camps)



**21**

Teamtheme staff

**07**

external experts

**48** miles round-trip



## Knowledge & Awareness Workshops

by Activity

### Food sensory testing



Fruit taste & smell tests, 'guess the watermelon weight' competitions & workshop with greengrocer

### Diet & nutrition



'Eat well plate' fun craft activities & balanced meal messaging

### Food waste & management



Fun ideas and ways to use up fresh ingredients past their best & prevent food waste

### Outdoor cookery class

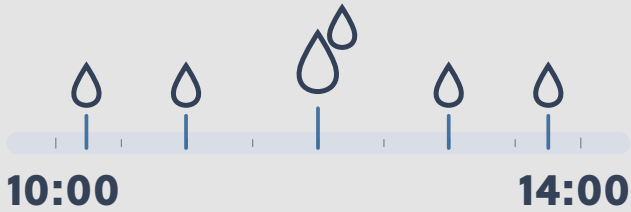


Food preparation & cooking outside on open fires

## | 06. HEALTHY LIVING

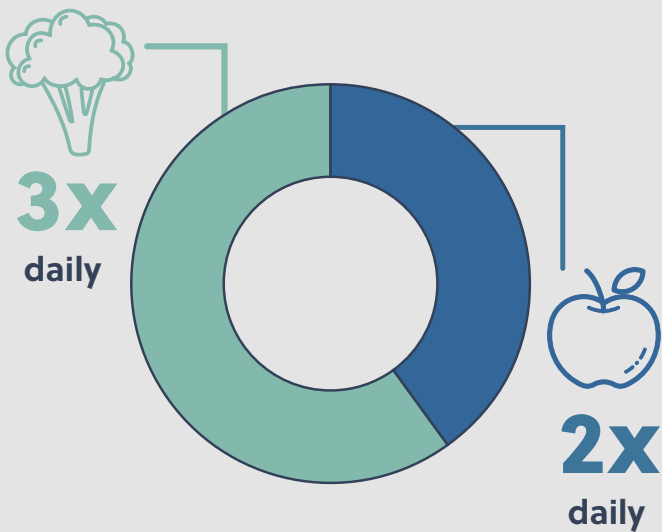
### Hydration Messaging

per Day



### Fresh Fruit & Veg

per Day per Child



vegetable portion fruit portion

### Lunch Options

per Day

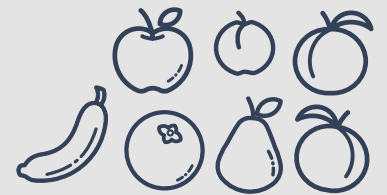


1x snack, 2x mains, 1x crudites, 1x dessert

### Fruit Options

per Day

7x



fruit varieties on offer at break  
2x fruit pieces given per child per day

### Healthy Living

#### Support

for Home

1x

healthy recipe card  
was created for use at home  
1x healthy recipe card given per child



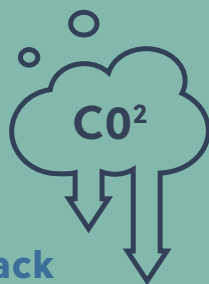
## | 07. ENVIRONMENTAL IMPACT

### CO<sup>2</sup> Emissions

our Commitment

To reduce our carbon footprint, our fruit snack options were all always **LOCALLY SOURCED & were only ever those varieties IN SEASON**

This therefore reduced the would-be carbon emissions required for transport



### Food Wastage

our Commitment

All meals were prepared by Wasted Kitchen, a local organisation helping to reduce food waste by sourcing & re-purposing healthy surplus food

Any surplus food was also made available for our families in biodegradable containers



# | 08. CONCLUSIONS

## Overview

### Summer Camp 2022

The impact of this camp was manifold in that it achieved the following:

- It ensured that children in the Canterbury, Whitstable, Maidstone & surrounding areas had a physically active and fun period over the Summer holidays.
  - It gave all these children the opportunity for new learning experiences and activities.
  - It provided a safe space for these children to connect with their peers; meeting and socialising with new children.
  - It provided high quality nutrition for the period of the camp as well as giving the children access to nutritional and hydration health information educating their importance.
  - It provided parent's/grandparent's and carers with space for work, caring for younger children and older relatives.
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## Action Points

### Past & Future Camps

Revisiting the action points from our previous Easter Camp 2022 we determined that although advances were made - resolving two of the three previous points - one still remained both unresolved and relevant. We will therefore continue to address, explore and seek to apply suitable solutions for the following:

#### **1: How to be in a position to signpost families to other relevant and helpful local services.**

*Our multifaceted approach will include creating a safe space on camp to facilitate conversations, building meaningful relationships with our families and providing appropriate informative material detailing local provision.*

Assessing our Summer Camp 2022, we will be looking to build into future camp offerings and timetabling:

#### **1: A hot & cold breakfast options for the children and their families**

#### **2: Access to on-camp nutrition workshops for parents and carers to participate in with their children**

A huge thank you to our wonderful partners for their supply of lunches and fruit respectively



**Wasted Kitchen**, Faversham



**MACKNADE**

**Macknade**, Faversham