

Autumn & Winter Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	*Cheese & Tomato Pizza ^D ^S ^M Baked Potato Wedges Baked Beans & Sweetcorn Salad *Low Sugar Vanilla Ice-Cream ^D	Chinese Chicken Curry ^S *Vegetable Dahl Curry Steamed Rice Cauliflower & Whole Green Beans *Carrot Cake ^E ^S ^M & Cream ^D	Roast Pork & Gravy Vegan ^S Sausages & Gravy Apple Sauce Roast Potatoes Carrots & Cabbage *Sliced Melon	Beef Lasagne ^D ^M *Roasted Vegetable Lasagne ^D ^M Garlic Bread ^S ^M Mixed Salad Chocolate Mousse & ^D Mandarins *Orange & Strawberry Mousse	*Battered Fish Fillets ^F ^M *Veggie Nuggets ^M Chips Baked Beans & Peas *Fruit Flapjack ^M
WEEK 2	*Jacket Potato (Beans, Cheese ^D , Vegan Cheese, *Coleslaw ^E , Tuna & Mayo ^E ^F) Mixed Salad & Vegetable Sticks ^M *Raspberry Ripple Mousse ^D	Beef Kofta *Falafel ^E & Hummus Flatbread ^S ^M Vegetable Cous Cousins ^M Greek Salad ^D & Green Beans *Fruit Yoghurt ^D & Granola ^M	Roast Chicken & Gravy Sage & Onion Stuffing ^S ^M *Root Vegetable Gratin Roast Potatoes Carrots & Broccoli *Fruit Salad	*Pork Sausage Roll ^M Veggie, Chickpea & Feta Roll ^D ^M Mash Potato Baked Beans & Sweetcorn *Lemon Drizzle ^D ^E ^S ^M & Custard ^D	*Fish Fingers ^F ^M Tuna & Sweetcorn Bites ^F ^M *Quesadilla ^D ^M Chips Baked Beans & Peas *Chocolate Shortbread ^M
WEEK 3	*Vegetable Tart ^D ^M Potato Puffs Baked Beans and Roasted Vegetable Wedges *Frozen Fruit Smoothie	Chicken & Chorizo Ragù ^D ^S *Vegetable Ratatouille Steamed Rice Cauliflower & Peas *Marble Cake ^D ^E ^S ^M & Custard ^D	Roast Gammon & Gravy *Broccoli & Cauliflower Cheese ^D Roast Potatoes Carrots & Green Beans *Fruit Jelly	Mince Beef Hotpot *Soya Mince Hotpot ^S Broccoli & Swede Mash *Pear & Plum Crumble ^M & Cream ^D	*Battered Fish Fillets ^F ^M Spinach & Feta Filo Spiral ^D ^M Chips Baked Beans & Peas *Orange Biscuit ^M
WEEK 4	*Macaroni Cheese ^D ^M Focaccia Bread ^S ^M Vegetable Sticks & Baked Beans *Ice-Lolly	Pork Meatballs ^D ^M in Tomato Sauce *Lentil Meatballs Pasta ^M Mixed Vegetables & Broccoli *Peach & Strawberry Tart ^M & Cream ^D	Mince Beef & Gravy Pie ^M *Soya Mince Gravy Yorkshire Pudding ^D ^E ^M Roast Potatoes Carrots & Peas *Fruit Salad	Chicken Fajitas & Wraps ^M *Mexican Haloumi Bake ^D Sour Cream ^D Mexican Rice Sweetcorn and Tomato & Cucumber Salad Chocolate Brownie ^D ^E ^S ^M & Fruit Compote with Vanilla Sauce ^D	*Fish Fingers ^F ^M *Sweet Potato Burger ^M Chips Baked Beans & Peas *Ginger Hob Nob Cookie ^M

Gluten Free option available for Pasta, Pizza, Sausages, Fish, Biscuit. Dairy Free & Vegan option available for Pizza, Cheese, Ice Cream, Custard & Jelly.
 *Vegan option available.

Available Daily:

Freshly Baked Bread, Pasta with Tomato Sauce,

Fresh Fruit, Yoghurts, & Veggie Sticks.

Dietary Information:

^C Celery, ^D Dairy, ^E Egg, ^F Fish, ^M Mustard,

^{Ses} Sesame, ^S Soya, ^{Sul} Sulphite, ^{WH} Wheat.

