

# Online Safety

A GUIDE TO KEEPING SAFE ON THE INTERNET



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# Child Centred Policing – The 4 E's



## Engagement

Every interaction with a young person has the potential to improve their views, values, and future emotional responses to police. We must listen to their voice, seek their views and react to their needs through our words, body language and culture. Every opportunity to engage with a child or young person is an opportunity to hear their voice and act.

## Early Intervention

Our approach to early intervention is in exploring the root causes of behaviour and addressing these through diversion. Early intervention is the process of identifying a vulnerable child before they are exploited or enter into criminality and putting in place harm prevention plans and diversions to minimise their risk and likelihood of becoming involved in crime. The best way to protect those that are vulnerable is to prevent problems arising in the first place.



## Education

Child centred Policing officers recognise that every interaction is an opportunity to explain the role of policing, the law and criminal justice system. This includes educating CYP when poor behaviour has occurred and discussing wrongdoing but also includes issuing of safety advice and awareness of criminal exploitation. This approach solidifies our commitment to consider the policing impact and perception on children and young people in all that we do

## Enforcement

We will reduce youth offending through a holistic Youth Justice model, utilising partnership working to consider a range of out of court resolutions and restorative justice options.

We will address youth offending with proportionality, fairness and a drive to reduce re-offending, whilst empowering victims to have a voice in outcomes. A key element of our proportionate response to youth offending is the encouragement of young people to recognise the dangers of their own behaviours.



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# Learning Outcomes

Understand what risks there are when using the internet.

Understand how you can keep yourself safe online.

Understand how your actions can affect you and others online.

Understand who you can talk to for more help or guidance.



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# Working Agreement

## Safe and Respectful Learning Environment

- Respect other's views and ideas
  - Don't disclose private information about yourself or others
  - Don't be disrespectful about others during or after the session
- As Police we may have a duty to act on some types of information if someone is in danger or at risk



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# Accessing The Internet

There are many different ways we can all access the internet – can you think of some?



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# What Do You Like To Do Online?



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# What Are The Risks?

The internet is an amazing tool which can help you learn things, meet people and keep in contact with friends and family.

However, there are some risks.

The  
information  
you access

The people  
you interact  
with

The  
information  
you share



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# Information You Access

Make sure the things you are looking at are suitable for you and don't upset or scare you.



Age restrictions are there to help keep you safe.

If you see something that you think is wrong or makes you feel uncomfortable, STOP and tell a trusted adult.



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# Online Games And Social Media

Do you know how old you should be to access these?



13



13



13

**ROBLOX**

13

**grand  
theft  
auto**

18



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# People You Interact With



Not everyone on the internet is who they say they are!



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# People You Interact With



You should only talk to people online that you know in the real world.



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# People You Interact With



A stranger is still a stranger no matter how long you have talked to them for.



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# People You Interact With



NEVER meet up with someone you have met online



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# People You Interact With



If anyone you talk to online says or sends you things that make you feel uncomfortable or scared tell a trusted adult immediately



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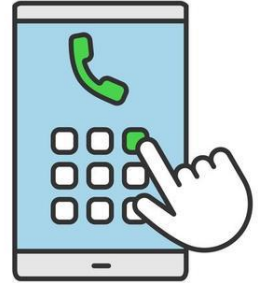
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# Our Trusted Adults

Can you tell me who some of your trusted adults are?



# The Information You Share



Never share your personal information online with people you don't know in the real world.

This could include your date of birth, home address, the school you attend or your telephone number.



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# The Information You Share



Think **before** you post  
online!  
Photos and messages you  
send or upload online can  
stay there FOREVER!

# The Information You Share

Consider the settings on your apps, games and social media.



Is your account private?  
Who can see your information and photos?

# Cyber Bullying – What Is It?

Any form of bullying which takes place online or through phones, computers and tablets.



Where could it happen?

- Text messages
- Messaging apps
  - Gaming sites
- Chat rooms such as Facebook, Xbox Live, Instagram, YouTube, Snapchat
  - Social media



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# Some Facts

- 7 out of 10 children were emotionally affected by online bullying
- 70% children who experienced online bullying said this was by someone from their school
- 26% of children did not report their experiences to anyone
- 1 in 5 children experienced at least one type of online bullying behaviour
- 56% of young people said they have seen others be bullied
- 42% have felt unsafe online



*\*\*Statistics are from the Office of National Statistics*



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# Do You Know The Age Of Criminal Responsibility?

10



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# What Have We Learnt?

1. Name one way you can access the internet that we have discussed
2. How old do you need to be to access snapchat?
3. Should you ever meet up with a person that you meet on the internet?
4. Name one way that cyber bullying can happen
5. Give one of the feelings someone can feel if they are being bullied online
6. What is the age of criminal responsibility?



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# Safer Internet Day Poem

## The Safer Internet Day poem

Going online can be so much fun,

You can play, and chat, and find out.

But when things change and you feel unsure,

Then that's when it's time to shout...

“Something has changed, and I need some help,

What's happening doesn't feel good.”

Things will get better when a trusted adult knows,

And your feelings have been understood.



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# Where Can I Get Help?



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# Any Questions?



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