

# Oyster Bay Catering Menu at Joy Lane Primary School

## Spring & Summer Term 2023

	MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Classic JLPS Pizza (Cheese & Tomato) Baked Potato Wedges Vegetable Sticks & Sweetcorn Ice Lolly	Tuna & Sweetcorn Pasta Mushroom Risotto Tomato & Garlic Bread Mixed Salad Sticky Caramel Apples with Cream	Minced Beef in Gravy with Yorkshire Pudding Soya Mince & Vegetables in Gravy Roast Potatoes Carrots & Peas Fresh Pineapple Slice	Sweet & Sour Chicken Baked Falafel in Tomato Sauce Vegetable Rice Roasted Cauliflower & Green Beans Iced Sponge with Sprinkles	Oven Baked Fish Vegetable Fingers Chips, Beans & Peas Fresh Fruit
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Week 2	Cheesy Pasta Mixed Bean & Tomato Orzo Garden Salad Sweetcorn Fruit Smoothie	Mild Chicken Curry Vegetable & Lentil Taco Shell Steamed Rice Green Beans Tomato & Onion Salad Apple Crumble with Custard	Roasted Gammon & Gravy Baked Vegan Sausage Roast Potatoes Carrots & Cabbage Fresh Fruit	Loaded Wedges with Mild Beef Chilli & Melted Cheese ( <i>Sour Cream Dip on the Side</i> ) Baked Cauliflower Cheese Broccoli & Mixed Vegetables Coconut Rice Pudding	Fish Fingers Homemade Smoked Mackerel Fish Cake Veggie Sausage Roll Chips, Beans & Peas Banana Mousse
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Week 3	Vegetable & Soya Mince Stir Fry Noodles Sweet Potato, Vegetable & Chickpea Curry Served with Flatbread Crunchy Salad Low Sugar Ice-Cream Tub	BBQ Pork Meatballs Cheese & Baked Bean Stuffed Jacket Skins Steamed Rice Sweetcorn Fresh Melon	Roast Chicken and Stuffing Roll with Gravy Soya Mince & Vegetable Hotpot Roast Potatoes Carrots & Cauliflower Lemon Sponge with Lemon Sauce	Baked Sausages Cauliflower & Sweet Onion Tart Mashed Potato Mixed Vegetables Jelly & Fruit	Oven Baked Fish Cheese & Marmite Whirl Chips, Beans & Peas Chocolate Orange Shortbread
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Week 4	Baked Jacket Potato with Various Fillings ( <i>Cheese, Tuna Mayo, Beans, &amp; HM Coleslaw</i> ) Cucumber Salad & Grated Carrot with Poppy Seeds Pancakes with Strawberry Sauce & Cream	Spaghetti Bolognaise Potato & Pea Curry with Rice Sweetcorn & Peas Fresh Fruit	Roast Pork with Gravy Apple Sauce Baked Vegan Sausage Roast Potatoes Carrots & Broccoli Ginger Bread Biscuit	Baked Chicken Escalope with a Fresh Tomato Sauce Cheese & Potato Pie Garlic New Potatoes Whole Green Beans Peaches & Custard	Fish Fingers Bubble & Squeak Cakes Chips, Beans & Peas Frozen Mousse
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Available Daily: Freshly Baked Bread, Daily Salad Option, Jacket Potatoes (Limited Availability), Fresh Fruit & Yoghurts.

Key Stage 2 - If a packed lunch is required this must be pre-booked.

